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## SLEEP SCREENING QUESTIONNAIRE

This questionnaire was designed to provide important facts regarding the history of your sleep condition. To assist in determining the source of any problem, please take your time and answer each question as completely and honestly as possible. Please sign each page.

### PATIENT INFORMATION

TODAY'S DATE: \_\_\_\_\_

MR MRS DR  
MS MISS

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_ MALE FEMALE

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

HOW LONG AT CURRENT ADDRESS: \_\_\_\_\_ (IF LESS THAN THREE YEARS, PLEASE GIVE PREVIOUS ADDRESS)

PREVIOUS ADDRESS: \_\_\_\_\_

EMPLOYED BY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SS #: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

RESPONSIBLE PARTY: \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

FAMILY DENTIST: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PLEASE LIST OTHER HEALTH CARE PRACTITIONERS SEEN IN THE LAST 9 MONTHS: \_\_\_\_\_

INSURANCE \_\_\_\_\_

MEMBER NUMBER: \_\_\_\_\_

GROUP NUMBER: \_\_\_\_\_

PLAN NUMBER: \_\_\_\_\_

NAME OF PRIMARY

CARE PHYSICIAN: \_\_\_\_\_

HEIGHT \_\_\_\_\_ feet \_\_\_\_\_ inches

WEIGHT \_\_\_\_\_ pounds

REFERRED BY: \_\_\_\_\_

### WHAT ARE THE CHIEF COMPLAINTS FOR WHICH YOU ARE SEEKING TREATMENT?

Please number the complaints with #1 being the most important.

- Frequent heavy snoring
- Which affects the sleep of others
- Significant daytime drowsiness
- I have been told that "I stop breathing" when sleeping
- Difficulty falling asleep
- Nighttime choking spells
- Feeling unrefreshed in the morning

- Morning hoarseness
- Morning headaches
- Swelling in ankles or feet
- Nocturnal teeth grinding
- Jaw pain
- Facial pain
- Jaw clicking
- Other: \_\_\_\_\_

PATIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_